

18<sup>th</sup> May 2026

The Cabin  
Maughanaclea  
Kealkill  
Cork  
P75E062

## Planning Application Reference: [PAX04.324165](#)

**Applicant:** Maughanaclea Ltd / Enerco

**Development:** Maughanaclea Wind Farm (14 turbines and associated infrastructure)

**Location:** Ardrah, Maughanaclea, Ballynamought, Gortloughra, Cousane, Coomclogh, Derragh, Glanycarney, Keenrath, Derrynacaheragh, Shiplough, Coolsnaghtig and other townlands Co. Cork

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Dear Sirs

I am writing to object to the above proposed wind farm development for the following reasons:

### 1. About me

I live in the cabin at H019, beside H013.

I'm 28 and I rent this as my home. This is my main place of living. I chose to live here because it's quiet, rural and calm, and that matters a lot to me.

I have a diagnosed severe combined-type Attention Deficit Hyperactivity Disorder (ADHD), which affects how I process both sound and visual stimulation. Because of this, I am particularly sensitive to noise and sensory changes in my environment.

### 2. How my ADHD affects me

ADHD isn't just about attention. For me, it affects how I experience my surroundings. I'm very sensitive to noise, movement, and repeated or changing sensory input.

With sound, I find it hard to filter things out. Once I notice a noise, especially if it's repetitive or uneven, I can't ignore it or "tune it out" like other people might.

It's the same with visual things. Repeated movement, flickering light, or anything constantly changing in my field of vision is very hard to switch off from.

### **3. Concerns about the turbines**

Wind turbines create a pulsing or swishing type of noise, along with constant blade movement and shadow flicker.

My concern is not just how loud that noise might be, but the type of noise. Repetitive, pulsing or irregular sounds are exactly the kind that I find most difficult to live with, even at low levels.

It's also the combination of things that worries me; the noise, the movement of the blades, and the shadow flicker all happening together. That combination of constant sensory input is exactly the kind of environment I struggle with most.

### **4. How quiet and stable it is here now**

It's very still and quiet here, especially at night, and that makes a big difference to how I feel in the space.

Because the background noise levels are so low, even small or irregular sounds stand out much more. That's something I already notice, and it's why I chose to live here.

### **5. My use of the surrounding area**

I spend a lot of time outdoors walking in the nearby forest. It's a big part of my daily routine and helps me manage my wellbeing.

Even though I rent here, this is my home, and I've stayed living here because of how calm and undisturbed it is.

I've also seen red squirrels in the area where turbines are proposed, which is something I really value.

### **6. Impact on sleep and daily life**

Sleep is already something I have to manage carefully with ADHD.

Even small or irregular sounds can keep my mind focused on them, and once I wake because of noise, I often find it very hard to settle again.

I also live in a lightweight timber cabin rather than a conventional masonry house. In practical terms, this means external sounds are more noticeable indoors, particularly at night when background noise levels are otherwise extremely low. This increases

my concern regarding the potential effect of repetitive turbine noise and night-time disturbance on sleep and wellbeing.

Good sleep is really important for my concentration, mood and overall mental health. If that is affected, it has a knock-on effect on my day-to-day life.

## **7. Overall impact**

I believe the proposed development would have a serious negative impact on my sleep, stress levels and overall wellbeing.

It would also change the character of where I live. The quiet and calm environment is the reason I chose this place, and without that, it would no longer feel like somewhere I can properly rest or switch off.

Because of my ADHD and sensitivity to noise and visual disturbance, I feel that I would be particularly affected compared to others.

## **8. Conclusion**

For these reasons, I believe the proposed wind farm would result in a significant loss of residential amenity for me in my home.

Regards

Sophie Seymour

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## APPENDIX

The applicant's photomontages do not accurately represent the visual relationship between the proposed turbines and the cabin at H019. A simple indicative mock-up is therefore included for illustrative purposes only. The final turbine model has not yet been confirmed.

